

2870 Royal Canadian Dragoons RCACC
Biathlon Training Log

Run and Shoot

Date: 08-Dec-12 Distance 3 km Rifle: Air Type: Run

	1st Loop			2nd Loop			3rd Loop			Total Runtime	Stop Time	Adjusted Runtime	Avg Lap Time
	Start	Finish	Time	Start	Finish	Time	Start	Finish	Time				
Edwards	0:00:00	0:06:50	0:06:50	0:11:08	0:21:04	0:09:56	0:24:02	0:32:00	0:07:58	0:32:00	0:00:00	0:32:00	0:10:40
Jones	0:00:30	0:06:52	0:06:22	0:10:50	0:18:34	0:07:44	0:21:39	0:28:59	0:07:20	0:28:29	0:00:00	0:28:29	0:09:30
Tansey	0:01:00	0:09:05	0:08:05	0:20:29	0:32:19	0:11:50	0:40:05	0:50:51	0:10:46	0:49:51	0:00:00	0:49:51	0:16:37
Foran-Moore	0:01:30	0:08:45	0:07:15	0:13:02	0:23:32	0:10:30	0:27:18	0:39:13	0:11:55	0:37:43	0:00:00	0:37:43	0:12:34
Sanchez-Maya	0:02:00	0:08:40	0:06:40	0:11:12	0:18:12	0:07:00	0:20:36	0:27:28	0:06:52	0:25:28	0:00:00	0:25:28	0:08:29
Ghandi	0:02:30	0:12:46	0:10:16	0:15:46	0:25:45	0:09:59	0:27:53	0:37:30	0:09:37	0:35:00	0:00:00	0:35:00	0:11:40
Hoffmann	0:03:00	0:15:08	0:12:08	0:20:13	0:34:23	0:14:10	0:38:17	0:51:54	0:13:37	0:48:54	0:00:00	0:48:54	0:16:18

	Range - First Bout					Range - Second Bout					Penalty Time
	In	Stop	Out	Total	Hits	In	Stop	Out	Total	Hits	
Edwards	0:06:50		0:11:08	0:04:18	5	0:21:04		0:24:02	0:02:58	2	0:02:00
Jones	0:06:52		0:10:50	0:03:58	3	0:18:34		0:21:39	0:03:05	5	0:01:20
Tansey	0:09:05		0:20:29	0:11:24	3	0:32:19		0:40:05	0:07:46	0	0:04:40
Foran-Moore	0:08:45		0:13:02	0:04:17	4	0:23:32		0:27:18	0:03:46	2	0:02:40
Sanchez-Maya	0:08:40		0:11:12	0:02:32	4	0:18:12		0:20:36	0:02:24	3	0:02:00
Ghandi	0:12:46		0:15:46	0:03:00	5	0:25:45		0:27:53	0:02:08	5	0:00:00
Hoffmann	0:15:08		0:20:13	0:05:05	5	0:34:23		0:38:17	0:03:54	2	0:02:00

Time Penalty 0:00:40

Overall Score		
Adjusted Runtime + Penalty Time	Overall Pos	
Edwards	0:34:00	3
Jones	0:29:49	2
Tansey	0:54:31	7
Foran-Moore	0:40:23	5
Sanchez-Maya	0:27:28	1
Ghandi	0:35:00	4
Hoffmann	0:50:54	6